Casualty Simulation Techniques August 2016 ed.

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#### Introduction to Moulage

- Colour, Light, and Depth

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  How to set up your makeup station
  Cleaning the skin
  Bruising with creme makeup
  Creating wounds with alcohol-activated paints and drying blood

45 minutes

Basic Moulage

## Painter's Colour Theory

- · A basic understanding of colour theory is necessary to choose and apply makeup correctly
- · Colour theory helps you to mix colours and adjust colours for many different skin tones.
- Careful colour selection and application helps to sell the simulated wound

#### Painter's Colour Wheel



- · At the left is a simplified painter's colour wheel.
- You can neutralize any colour by mixing or covering with the complementary colour (the opposite colour on the colour wheel)
- Green neutralizes red
- Violet neutralizes yellow
- · Orange neutralizes blue

# Using the Painter's Colour Wheel



- The painter's colour wheel shows the principle behind colour mixing
- A nearly infinite range of colours can be mixed from the three *primary colours*: red, yellow and blue
- A hue is a pure colour; one of the primary colours or a secondary colour formed by mixing two of the primary colours

#### **Shades**



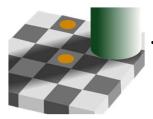
- A shade is a hue mixed with black. A shade can also be produced by mixing in the hue opposite in the colour wheel.
- One common example of a shade is brown (orange mixed with black)

### **Tints**



- A tint is a hue mixed with white.
- One common example of a tint is pink (red mixed with white)

### Colour and the surround



- Colour is not absolute It depends upon surrounding values
- Both of the orange circles to the left are the same colour but appear to be different: an orange and a brown

#### **Shadow Detail**



- When colouring a wound, keep the shading gradual for more realism. Add the shading first (blue/purple) then layer translucent blood/flesh colours on top and blend
- Notice the detail in the shadow areas and the sparse use of absolute black on this painting by Jean-Baptiste-Siméon Chardin.

#### Colour in Nature



- Air molecules scatter shorter wavelengths of light (blue and violet) giving objects distant from us a cooler appearance
- Objects closer to us and lighted by direct sunlight appear warmer

# Shading and Depth Perception



- The deeper a hole in an object is, the darker the hole will appear.
- Shade the deeper parts of a wound darker to give the illusion of depth. Don't use black, instead use dark blue or dark purple.

## **Individual Makeup Station**



- Use a folded clean, white towel to dry brushes and lay out items on. Cover with disposable towel if desired.
- Individual disposable cups for solutions.
- Area should be clean, warm, and well lighted.
- Wet waste container available nearby.

## Cleaning the skin



- Use witch hazel to clean the skin before applying makeup.
- Warm the witch hazel before applying.
- Use quilted cotton pads to apply witch hazel and dry the skin.

# **Quilted Cotton Pads**



- Available from most drug stores
- Used to clean the skin before applying makeup.
- The lintless pads seem to work the best.
- Don't share the same pad between clients.

#### Bruise - Fresh



- fresh bruise from an automobile accident
- edges are well-defined.
   As blood seeps into the tissues the bruise becomes darker and larger (generally up to 24 hours)
- the blue/red colour is from hemoglobin in the red blood cells

#### Bruise - Old



- over time the bruise fades as the hemoglobin in the bruise breaks down
- the bruise goes from red/purple to green to yellow to golden brown
- the edges of an old bruise are not as well defined as the edges of a fresh bruise

## Bruising



- Bruises are easily created using creme bruise wheels
- Apply colours with a makeup sponge beginning with the lightest colour and finishing with the darkest colour. Blend edges with a sponge.

## Setting and Sealing Creme Makeup



- Set creme makeup by lightly dusting with transparent neutral powder. This prevents smearing.
- A sealer is optional. It prevents transfer of makeup to clothing.

### Makeup Sponges



- Makeup sponges are dense, white, triangular sponges used to apply creme makeup
- Available made from latex and latex-free.
- Disposable. Do not share between clients.

# **Blending Creme Colours**



 Use makeup sponges with uneven, ragged edges instead of square edges.
 Straight edges give an artificial effect which stands out.
 Pick off the corners of a makeup sponge.

# Creating the Bruise



- Clean the area with witch hazel
- Transfer the appropriate creme colours to your palette. Work from your palette.
- Use a makeup sponge with picked edges to apply the lightest shade you are using. How well you define the edges depends on the age and location of the bruise.

### Creating the Bruise



- Add the darker areas of the bruise over the lighter areas of the bruise. Blend the colours as desired based on the age of the bruise.
- Finish the application by blending the edges until you are satisfied.

# Setting with Powder



- Use a large powder brush to apply neutral setting powder to the finished bruise.
- Tap out a small amount of powder into a cup or muffin palette and pick up with your brush.
- Use a light hand, gently dusting a slight excess of powder onto the creme colour.

## Setting with Powder



- Use a large fan brush to gently whisk away excess powder from the creme colour.
- If the bruise is being covered with clothing or needs to last a long time use a makeup sealer to protect the makeup.
   Spray lightly and allow to dry thoroughly.

#### **Alcohol Activated Paints**



- Alcohol activated paints use 99% isopropyl alcohol as a solvent
- This type of paint is waterproof and resistant to wear
- Available as a palette (cakes) and as a liquid

## **Drying Blood**



- Drying blood is a thick blood which is designed to stick to the skin and dry with a wet sheen.
- Once dry, drying blood lasts for a long time. Can be removed with soap and water.
- Freshen the look by brushing with a thin coat of glycerin as needed.

#### **Shallow Lacerations**



- A shallow laceration only penetrates the first few layers of skin. May be jagged and torn. Edges of the wound may pucker or curl up slightly.
- Edges of the wound and the surrounding skin are often red and irritated (erythema).
- · Usually develops a scab

# Quick Shallow Laceration with Alcohol Activated Paints



- Use fresh blood colour to define extent of laceration.
   The line can be wide
- Using a picked sponge moistened with 99% alcohol spread the colour slightly to give the skin around the laceration an irritated reddish colour. The border of this area should not be well-defined.

# Defining the Wound



 Using the same shade or a slightly darker blood colour, paint in your laceration. You can vary the width of your line depending upon where the cut is and how it was produced.

# Adding Depth



 Using a blue colour define the deepest parts of the laceration. What you are doing is painting in the shadows.
 Don't overdo this.

## Dimension with Drying Blood



- Apply drying blood to the wound with a steel makeup spatula.
   Manipulate the blood to give a feel of depth to the laceration.
- Allow the drying blood to fully dry. You can make the wound look fresh by carefully brushing on glycerin.