

Bag Number

Cadet Practice Jump Bag - Standard Packing List

Last Update: June 1, 2016

Below are the standard items required for general medical support. You may pack these items any way you wish. Before leaving for your tasking please make sure that all items are in good condition, that items are packed in water-resistant bags and that your jump bag is clean. Amounts listed (# column) are the **MINIMUM** you should have of each item. **You may request additional supplies as required.**

PLEASE REPLACE USED ITEMS WHEN RETURNING JUMP BAG

#	Item Description	Notes and Comments
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Basic Kit

1	Stethoscope w/alcohol wipes	<i>clean and check – sanitize between users</i>
1	Sphygmomanometer (blood pressure cuff)	<i>check for proper operation and zeroing</i>
1	Scissors, universal (EMT shears)	
1	Flashlight (white light)	<i>check batteries!</i>
1	Clipboard w/casualty data sheets	<i>for recording patient data during assessment</i>
4	Stretcher straps	<i>to secure patient to stretcher</i>
12	Gloves (pair), examining (vinyl or nitrile)	<i>check for proper size</i>
1	CPR mask	

Trauma Kit

4	Field Dressing	<i>return to plastic bags for re-use</i>
8	Triangular Bandage w/safety pins	
2	Quick Splint, 90mm x 110mm	
1	Tape, surgical, white, 2.5cm wide roll	
12	Telfa pad (non-adherent), 7.5cm x 20.3cm	
3	Stretch gauze, 10cm x 4m	<i>use with Telfa to dress burns</i>
8	Sponge, surgical 10cm x 10cm	<i>treat either as sterile or non-sterile</i>
2	Tensor elastic bandage, 10cm x 4m	
2	Rescue Blanket, Aluminized Polyester	<i>prevent hypothermia, keep patient dry</i>
1	0.9% Sodium Chloride for Irrigation	<i>for cooling burns and cleaning wounds</i>
2	Emergency (Israeli) bandage	<i>one packaged, one in plastic bag for use</i>
2	Olaes Modular bandage	<i>one packaged, one in plastic bag for use</i>

Jump Bag Sign Out

Date	Rank / Name	Tasking	Returned